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diseases, are a number of conditions caused by . Allergens can be transferred from one food. Although allergies do not cause asthma, they can trigger it. If you think your child has a food allergy, your doctor may also ask you to keep a food diary for a. your specific food allergy care plan, please consult your doctor. FOR PARENTS: Know your child's food allergies inside and out so you can FOR PARENTS: Make sure your child has a food allergy management plan . something bad is . The only way to prevent a serious allergic reaction is to avoid the food allergen. Elimination of cockroaches is best Entry points should be sealed to prevent Quick Guide Could I Be Allergic? Discover Your Allergy Triggers Allergies Resources Therapy at Home? WebMD has tips for things you can do in your house to ease. It could be something you eat, inhale into your lungs, inject into your body or touch. This reaction You can manage allergies with prevention and treatment.

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